

DRIVING COURSE SCHEDULE

A two day appointment

1° DAY

MORNING Presentation of the school program, athletic preparation course with training session.

AFTERNOON Nutrition course, theoretical course of competitive driving, basic mechanics on set-ups etc., sessions on the simulator.

2° DAY

MORNING Course with the mental coach, sessions on the simulator, a 25 ' track session on a TCR car.

AFTERNOON Two sessions on the track on a TCR car always accompanied by the coach and telemetry expert, final briefing.

WEEKEND